



Technology Plan – Younger Children

(Approx. Ages 5–11)

Child Information

Child's Name: _____

Age: _____ Grade: _____

Date Created: _____

Next Review Date: _____

1. Our Purpose for Technology at This Age

At this stage of life, technology is primarily a **tool**, not a right. Our goal is to help this child learn healthy habits, obedience, and discernment while prioritizing play, relationships, learning, and spiritual formation.

2. Approved Devices

This child may use the following **with permission**:

- Family television / streaming
- Family computer or tablet (shared)
- Educational apps or games
- Gaming console (limited, supervised)

Not Permitted at This Stage

- Personal smartphone
- Social media accounts
- Private internet browsing

3. When Technology May Be Used

Technology use is allowed:

- After schoolwork, reading, and chores
- On weekends or designated days
- During travel or special family situations

Technology-Free Times

- Meals
- One hour before bedtime
- Mornings before school
- Church, devotions, and family prayer
- Outdoor play and family activities



4. Where Technology May Be Used

Allowed Locations

- Shared family spaces only

Not Allowed

- Bedrooms
- Bathrooms
- Behind closed doors

5. Screen Time Limits

Days and Limits

- Specific Days: _____
- Weekdays / Weekends: _____

Parents may shorten or remove screen time based on behavior, attitude, or fatigue.

6. Content Guidelines

Content must be: - Age-appropriate and educational or wholesome

- Free from frightening, violent, or sexual material
- Respectful in language and tone

Approved Shows, Streaming Services, Games, or Apps

7. Correction, Grace & Growth

When boundaries are crossed, parents will respond

- Technology may be paused or reduced
- Conversations will focus on learning and the heart
- Technology is a privilege that can be taken away

8. Parent Commitment

We commit to shepherding this child patiently, modeling healthy technology habits ourselves, and creating a home where screens never replace love, presence, or faith.

Parent(s): _____ **Date:** _____

Parent(s): _____ **Date:** _____